

Church of St. John the Evangelist

**FEBRUARY 18, 2024**

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**THE FIRST SUNDAY IN LENT**

**SUNDAYS Matins 9:45 10:30 am High Mass**

**Weekday Mass Tuesday (en français), Thursday 5:45 pm, Saturday 12 Noon**

**Tuesdays 7:30 pm ZOOM Compline & Conversation**

Order of service for High Mass (page 3)

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About St. John’s (back cover)



**SERVICES AT THE REDROOF**

**“*We desire to keep old traditions. We aim at Perfection”*** E. Wood 1899

**SUNDAYS 9:45 Matins 10:30 am**  **High Mass In church**

**Tuesdays 7:30 p.m. Compline & Conversation ZOOM**

**Friday 7:00 p.m. sept à huit Bible Study ZOOM**

Permanent Zoom link:[**https://zoom.us/j/332912007**](https://zoom.us/j/332912007)

(or by phone **438-809-7799** Meeting ID: 332 912 007)

**WEEKDAY MASSES. TUESDAY 5:45 pm (en français) THURSDAY 5:45 pm**

**SATURDAY 12 NOON In Church**

***Monday to Friday Holy Eucharist at Christ Church Cathedral 12:15***

**LITURGICAL ALERTS**



**Wednesdays in Lent Stations of the Cross & Mass 5:45 pm**

**Saturday, February 24, ST MATTHIAS THE APOSTLE Mass 12 Noon**

**Lenten Ember Days, Wednesday February 21, Friday February 23**

**NOTICE IS HERBY GIVEN OF**

**The ANNUAL VESTRY MEETING which will take place on Sunday February 25, 2024 after the High Mass**

For those visiting for the first time, welcome to St. John the Evangelist.

* **Communion will be distributed at the altar rail in Both kinds** BUT if you do not wish to receive the chalice, please simply cross your arms. Intinction, the **dipping of the host into the cup IS NOT ALLOWED** to prevent contamination. If you are unable to come to the altar to receive communion please let the greeter at the table at the back of the church know and communion will be brought to you.
* The **bathroom** is located in the hallway to the left, through the door at the back of the church.

**Tax Receipts were emailed out to those with an email address on Friday February 9. Please check your email, including your Junk mail. Those without an email address will be posted in the mail. Please remember if you contributed by Canada Helps that Tax Receipt will be from Canada Helps – you need to download it from them.**

**AN ORDER OF SERVICE -LITANY & HIGH MASS**

**Sunday, February 18, 2024- 10:30 am**

**Organ Prelude.** *Ricercare sopra mi re fa mi - terzo tuono - frigio trasposto* by G. Frescobaldi (1583-1643)

**Organist.** *Bridget Chatterley* **Cantor.** *Dwain Richardson*

**The Introductory Rite Mass setting.** Communion Service by J. Merbecke (1510-1585)

*The people stand at the sound of the bell.*

**THE ASPERGES**

Thou shalt purge me \*O Lord, with hyssop, and I shall be clean: thou shalt wash me, and I shall be whiter than snow. *Psalm.* Have mercy upon me, O God, after thy great goodness. Glory be…Amen. Thou shalt purge me…

*Priest*: O Lord, show thy mercy upon us

*People:* **And grant us thy salvation.**

*Priest:*  O Lord, hear my prayer.

*People:* **And let my cry come unto thee.**

*Priest:* The Lord be with you

*People:* **And with thy spirit.**

Let us pray.

Graciously hear us, O Lord holy, Father, almighty, everlasting God and vouchsafe to send thy holy angel from heaven to guard and to cherish, to protect and visit, and to defend all who dwell in this thy holy habitation. Through Christ our Lord. **Amen.**

**THE GREAT LITANY (***sung in procession)*

O GOD the Father, Creator of heaven and earth : have mercy upon us.  
***O God the Father, Creator of heaven and earth : have mercy upon us.***

O God the Son, Redeemer of the world : have mercy upon us.  
***O God the Son, Redeemer of the world : have mercy upon us***

O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.  
***O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.***

O holy, blessed, and glorious Trinity, three Persons and one God : have mercy upon us.  
***O holy, blessed, and glorious Trinity, three Persons and one God: have mercy upon us.***

REMEMBER not, Lord, our offences, nor the offences of our forefathers; spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood.

***Spare us, good Lord.***

FROM all evil and mischief; from sin, from the crafts and assaults of the devil; from thy wrath, and from everlasting condemnation,

***Good Lord, deliver us.***

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice, and all uncharitableness,

***Good Lord, deliver us.***

From all uncleanness in thought, word, and deed; and from all the deceits of the world, the flesh, and the devil,

***Good Lord, deliver us.***

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine; from battle and murder, and from sudden death,

***Good Lord, deliver us****.*

From all sedition, conspiracy, and rebellion; from all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and Commandment,

***Good Lord, deliver us.***

By the mystery of thy holy Incarnation; by thy holy Nativity; by thy Baptism, Fasting, and Temptation,  
***Good Lord, deliver us.***

By thine Agony and bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial,  
***Good Lord, deliver us.***

By thy glorious Resurrection and Ascension; by thy sending of the Holy Spirit; by thy heavenly Intercession; and by thy Coming again in glory,

***Good Lord, deliver us.***

In all times of tribulation; in all times of prosperity; in the hour of death, and in the day of judgement,  
***Good Lord, deliver us.***

WE sinners do beseech thee to hear us, O Lord God: and that it may please thee to rule and govern thy holy Church universal in the right way.

***We beseech thee, good Lord.***

To keep and strengthen in the true worshipping of thee, in holiness of life, and in devotion to his people, thy servant *CHARLES*, our most gracious King and Governor,

***We beseech thee, good Lord.***

To be his defender and keeper, giving him the victory over all her enemies,

***We beseech thee, good Lord.***

To bless and preserve *Camilla, the Queen consort; William Prince of Wales, the Princess of Wales* and all the Royal Family,  
***We beseech thee, good Lord.***

To give to all Bishops, Priests, and Deacons, true knowledge and understanding of thy Word; and that both by their preaching and living they may set it forth and show it accordingly,  
***We beseech thee, good Lord.***

To send forth labourers into thy harvest; to prosper their work by thy Holy Spirit; to make thy saving health known unto all nations; and to hasten thy kingdom,

***We beseech thee, good Lord****.*

To bless the people of our Country and the Commonwealth, and to endue those set in authority with grace, wisdom, and understanding,

***We beseech thee, good Lord.***

To bless and guide the Judges and Magistrates, giving them grace to execute justice, and to maintain truth,

***We beseech thee, good Lord.***

To bless and keep the King’s forces by sea, and land, and air, and to shield them in all dangers and adversities,

***We beseech thee, good Lord.***

To give to all nations unity, peace, and concord, that they may serve thee without fear,

***We beseech thee, good Lord.***

To bless and protect all who serve mankind by their labour and learning,

***We beseech thee, good Lord.***

To preserve all that travel, all women labouring of child, all sick persons and young children; and to show thy pity upon all prisoners and captives,

***We beseech thee, good Lord.***

To defend, and provide for, all widows and orphans, and all who are desolate and oppressed,  
***We beseech thee, good Lord.***

To bless and keep all thy people,

***We beseech thee, good Lord.***

To give to all thy people increase of grace, to hear meekly thy Word, and to receive it with pure affection, and to bring forth the fruit of the Spirit,

***We beseech thee, good Lord.***

To bring into the way of truth all who have erred and are deceived,

***We beseech thee, good Lord.***

To strengthen such as do stand; to encourage the faint-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

***We beseech thee, good Lord.***

To succour, help, and comfort all that are in danger, necessity, and tribulation,

***We beseech thee, good Lord.***

To have mercy upon all men,

***We beseech thee, good Lord.***

To give and preserve to our use the kindly fruits of the earth, so that in due time we may enjoy them,  
***We beseech thee, good Lord.***

To forgive our enemies, persecutors, and slanderers, and to turn their hearts,  
***We beseech thee, good Lord.***

To give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit, to amend our lives according to thy holy Word,  
***We beseech thee, good Lord.***

SON of God, we beseech thee to hear us. ***Son of God, we beseech thee to hear us.***

O Lamb of God, that takest away the sin of the world; ***Have mercy upon us.***

O Lamb of God, that takest away the sin of the world; ***Grant us thy peace.***

O Christ, hear us. ***O Christ, hear us****.*

**THE LITURGY OF THE WORD**

**The Introductory Rite**

**Opening Hymn. #70** Ah, holy Jesu - HERZLIEBSTER JESU

**Introit.**

*He shall call on me, and I will hearken unto him; I will deliver him, and will bring him to honour****: with length of days will I satisfy him*.** Psalm. *Whoso dwelleth under the defense of the most High****: shall abide under the shadow of the Almighty***. Glory be. Repeat antiphon.

**Kyrie eleison.**

**Kyrie eleison. Christe eleison. Kyrie eleison.**

**The Collects of the Day**

*Priest.* The Lord be with you.

*People.* **And with thy spirit.**

*Priest.* Let us pray.

O Lord, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory; who livest and reignest with the Father and the Holy Spirit, one God world without end. **Amen.**

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and made in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

**The Lessons**

**The First Lesson Genesis 3:1-6**

Now the serpent was more subtil than any beast of the field which the Lord God had made, And he said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden? And the woman said unto the serpent, We may eat of the fruit of the trees of the garden: but of the fruit of the tree which is in the midst of the garden God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die. And the serpent said unto the woman, Ye shall not surely die: for God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil. And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat; and she gave also unto her husband with her, and he did eat.

**Gradual.**

*He shall give his Angels charge over thee:* ***to keep thee in all thy ways.*** *They shall bear thee in their hands:* ***that thou hurt not thy foot against a stone.***

**The Second** **Lesson 2 Corinthians 6: 1-10**

We then, as workers together with him, beseech you also, that ye receive not the grace of God in vain; (for he saith, I have heard thee in a time accepted, And in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation;) giving no offence in any thing, that the ministry be not blamed; but in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labours, in watchings, in fastings; by pureness, by knowledge, by long-suffering, by kindness, by the Holy Spirit, by love unfeigned, by the word of truth, by the power of God; by the armour of righteousness on the right hand and on the left; by honour and dishonour, by evil report and good report; as deceivers, and yet true; as unknown, and yet well known; as dying, and behold, we live; as chastened, and not killed; as sorrowful, yet alway rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

**Tract**

*Whoso dwelleth under the defence of the Most High:* ***shall abide under*** *the* ***shadow of the Almighty****. I will say unto the Lord, Thou art my hope and my stronghold:* ***my God, in him will I trust****. For he shall deliver thee from the snare of the hunter:* ***and from the noisome pestilence.***  *He shall defend thee under his wings:* ***and thou shalt be safe under his feathers.*** *His faithfulness and truth shall be thy shield and buckler:* ***thou shalt not be afraid for any terror by night****. Nor for the arrow that flieth by day; for the pestilence that walketh in darkness:* ***nor for the sickness that destroyeth, in the noon-day.*** *A thousand shall fall beside thee, and ten thousand at thy right hand:* ***but it shall not come nigh thee.*** *For he shall give his Angels charge over thee:* ***to keep thee in all thy ways****. They shall bear thee in their hands:* ***that thou hurt not thy foot against a stone****. Thou shalt go upon the lion and adder:* ***the young lion, and he dragon shalt thou tread under thy feet.*** *Because he hath set his love upon me, therefore will I deliver him:* ***I will set him up, because he hath known my Name****. He shall call upon me, and I will hear him:* ***yea, I am with him in trouble****. I will deliver him, and bring him to honour****: with long life will I satisfy him, and shew him my salvation.***

**The Gospel *St. Matthew 4:1-11***

*Deacon.* The Lord be with you.

*People.* **And with thy spirit.**

*Deacon****.***The Holy Gospel is written in the Fourth chapter of the Gospel according to Saint Matthew, beginning at the first verse.

*People.* **Glory be to thee, O Lord.**

Then was Jesus led up by the Spirit into the wilderness, to be tempted by the devil. And when he had fasted forty days and forty nights, he was afterward an-hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, But by every word that proceedeth out of the mouth of God. Then the devil taketh him up into the holy city, and setteth him on the pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down; for it is written, He shall give his angels charge concerning thee, And in their hands they shall bear thee up, Lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. Again, the devil taketh him up into an exceeding high mountain, and showeth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan; for it is written, Thou shalt worship the Lord thy God, And him only shalt thou serve. Then the devil leaveth him, and behold, angels came and ministered unto him.

*People.* **Praise be to thee, O Christ.**

**The Nicene Creed**

*Priest and people together.*

**I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

**The Sermon** *The Rector*

**The Liturgy of the Eucharist**

**The Offertory**

**Offertory Verse.**

*He shall defend thee under his wings, and thou shalt be safe under his feathers:* ***his faithfulness and truth shall be thy shield and buckler.***

*The collection will be taken and the elements will be brought forward. The people stand to receive the censing from the thurifer, bowing in response.*

**Offertory Hymn # 72** Christian, dost thou see them - ST. ANDREW OF CRETE

**Offertory.** Chorale-prelude on *Ich ruf zu dir Herr Jesu Christ,*BuxWV 196, by D.

*Priest.* Pray that my sacrifice and yours may be acceptable to God, the almighty Father.

*People.* **May the Lord receive this sacrifice at thy hands, to the praise and glory of his Name, to our benefit, and to that of all his holy Church.**

**The Intentions**

*Deacon.* Let us pray.

*The deacon offers the biddings. After praying for the departed, the deacon says:*

Rest eternal grant unto them, O Lord, and let light perpetual shine upon them. **Amen.** Gathering together all our intercessions we entrust them to the prayer of Our Lady, Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

*People.***Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen**

*(The Prayer of the church is omitted because the Litany has been said)*

**The Confession and Absolution**

*Deacon.* Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*Priest and people together.* **ALMIGHTY GOD, Father of our Lord Jesus Christ, maker of all things, judge of all men: we acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy Divine Majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ’s sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*Priest.* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*Deacon.* Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

*Matthew 11:28* Come unto me all that labour and are heavy laden, and I will refresh you.

*John 3:16* God so loved the world, that he gave his only-begotten Son, to the end that allthat believe in him should not perish, but have eternal life.

*Deacon.* Hear also what Saint Paul saith.

*1 Timothy 1:15* This is a true saying, and worthy of all men to be received, that Christ Jesuscame into the world to save sinners.

*Deacon.* Hear also what Saint John saith.

*1 John 2:1-2* If any man sin, we have an Advocate with the Father, Jesus Christ the righteous;and he is the propitiation for our sins.

**The Eucharistic Prayer**

*Priest.* The Lord be with you;

*People.***And with thy spirit.**

*Priest.* Lift up your hearts;

*People.* **We lift them up unto the Lord.**

*Priest.* Let us give thanks unto our Lord God;

*People.***It is meet and right so to do.**

*Priest.* It is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things…

WHO by bodily fasting dost curb our sinfulness, uplift our hearts, and bestow both virtue and its reward upon us through Jesus Christ our Lord.

THEREFORE with Angels and Archangels and all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

**Sanctus and Benedictus.**

Holy, holy, holy, Lord God of Hosts. Heaven and earth are full of thy glory. Glory be to thee O Lord most high. Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

**The Consecration**

*Priest.* BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and of thy almighty goodness vouchsafe to bless, hallow and sanctify, with thy word and Holy Spirit, these holy gifts, and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, “Take, eat; this is my body which is given for you: do this in remembrance of me.” Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, “Drink ye all, of this; for this is my blood of the New Covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension at thy right hand whence he interceedeth perpetually for us, miserable sinners, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, even as thou didst vouchsafe to accept the gifts of thy servant Abel, the Righteous, and the sacrifice of Abraham, our Patriarch: and the holy sacrifice of Melchisedech thy high priest as signs of the one and perfect sacrifice of Christ.

And we humbly beseech thee, Almighty God: command these offerings to be brought by the hands of thine Angel to thine altar on high, in the sight of thy divine majesty: And we most humbly beseech thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

*Priest.* And now, as our saviour Christ has taught us, we are bold to say.

*Priest and people together.* **OUR FATHER who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

*Priest.* The peace of the Lord be always with you;

*People.* **And with thy spirit.**

*Priest and people together.* **WE DO NOT PRESUME to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

**The Communion**

**Agnus Dei.**

O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, grant us thy peace.

*Priest*. Behold the Lamb of God, which taketh away the sin of the world.

**Communion Sentence.**

*The Lord shall defend thee under his wings, and thou shalt be safe under his feathers:* ***his faithfulness and truth shall be thy shield and buckler*.**

**Communion.** Chorale-prelude on *Ich ruf zu dir Herr Jesu Christ,*BWV 639, by JS Bach (1685-1750)

**Communion Hymn**. **# 331** Thee we adore, O hidden Saviour, thee - ADORO TE

**The Concluding Rite**

*Priest.*Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

*Priest and people together.* **AND HERE** **we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

*Priest****.*** May the holy offering of thy Sacrament refresh us, O Lord: that we being cleansed from our former nature, may enter into the fellowship of this saving mystery. Through Jesus Christ our Lord. **Amen.**

The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

*Deacon.*Let us Bless the Lord. *People.* **Thanks be to God.**

**Hymn. #68**  The Glory of these forty days - ERHALT' UNS, HERR

**Postlude.** *Toccata sopra I Pedali per l'Organo e senza* by G. Frescobaldi



**PARISH OFFICERS 2023**

Geoffrey Little **Rector’s Warden**  *appointed*

Afra Tucker **People’s Warden** *elected*

Mark Diaczun **Deputy Rector’s Warden** *appointed*

Paul Jonassen **Deputy People’s Warden** *elected*

Charles Taylor **Honorary Treasurer**

Claude Veilleux **Deputy Treasurer** appointed

Garrfield DuCouturier-Nichol **Synod Delegate** *elected*

Mark Diaczun **Alternate Synod Delegate**  *elected*

**PARISH COUNCIL-elected**

Janet Best

David Delderfield

Qiufeng (Theodore) Cui

Garrfield DuCouturier-Nichol

Carl Garner

Anna Lewton-Brain

Jean -Christophe Martel

Geoffrey McLarney

Peter McNally

**All elected positions will need to be re-elected for the forth coming year at the Annual Vestry Meeting. Please send nominations to Geoffrey Little (geoffrey.r.little@gmail.com) before Friday February 23.**

**Parish Council will meet TODAY after Mass.**

**SOME SUGGESTIONS FOR LENTEN OBSERVANCE**

**FASTING.** The Weekdays of Lent (not the Sundays), are all fast days, meaning that the amount of food eaten is reduced.  A   good rule is no snacks, no seconds, no deserts or you might consider giving up some favourite food.  The idea is to undertake something sacrificial, yet not over- whelming.  Ash Wednesday and Good Friday are strict fasts: one full meal in the evening, and a light meal in the afternoon.

**ABSTINENCE.** Abstaining from flesh meat on Wednesdays in Lent as well as Fridays (required by the Prayer Book) is a common discipline for Lent.

**SELF-DENIAL.** You may want to give up some special pleasure or recreation for Lent, and perhaps give what you would have spent on it (if anything) to the church.

**MASS.** Lent is a good time to add a weekday Mass to your usual observance.  The weekday Masses are of a rather more intimate and quiet nature than the Sunday ones, and this can be a great blessing.

**DAILY OFFICE.** If you do not now read Matins or Evensong from the Prayer Book, Lent is a good time to start.  It takes little effort and disciplineto get the habit established.  The regular prayers and psalms and Scripture draw us out of our narrow spiritual views and nourish us with the riches of faith.   The Prayer Book Society even has an App for this.

**STATIONS OF THE CROSS**.  Each Wednesday in **Lent at 5:45 p.m**., we will follow Our Lord’s way to the Cross, using the stations in the Church.  This devotion makes His crucifixion ever more real for us.

**CONFESSION.** A sacramental confession during Lent is not only an opportunity for a thorough self-examination, but also a powerful weapon against the temptations which come our way in Lent.

**ALMSGIVING.** The foundational call of Christians to charity is a frequent theme of the Gospels. During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity.

**SERVICE.** As well as giving-up in Lent, some wish to take on some special service, such as visiting the sick or shut-in, volunteering at a hospital, taking special care for a neighbour who may need it, or some special project at church.

**SPIRITUAL READING & CLASSES.** An ancient custom is to take a spiritual book for regular reading during Lent.  This can be a book of Scripture, or one of the spiritual classics.

**Meditation on the Comfortable Words**

Fridays during Lent beginning on February 16 at 7:00 pm on Zoom

Permanent Zoom link:[**https://zoom.us/j/332912007**](https://zoom.us/j/332912007)

(or by phone **438-809-7799** Meeting ID: 332 912 007)

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*Then shall the Priest say:*

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

**COME unto me all that labour and are heavy laden, and I will refresh you.***St Matthew 11. 28.*

**God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have eternal life.***St John 3. 16.*

Hear also what Saint Paul saith.

**This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners.***1 Timothy 1. 15.*

Hear also what Saint John saith.

**If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.***1 St John 2. 1, 2.*

Distinctly Anglican

**Prayers of the People**

**In Faith, Hope and Charity let us pray for the good estate of the Catholic church.** *We give thanks for our collective health and resilience at this time. We continue to pray for all medical staff; hospitals and clinics.*  **We remember** *St. Michael and all Angels, Winnipeg; Our Diocesan prayer partners, The Territory of the People and the Diocese of Masasi; and the community of St. Michael’s Mission. For those who suffer injustice and those who work for justice and peace. We pray for the peace of Jerusalem and the Holy Land, the end of the conflict between Ukraine & Russia,**For all the peoples of the world contending with extremism, violence and polarization. Let us pray for Canada’s Indigenous peoples; for our Earth and its living systems, and those suffering from natural and human caused disasters.* ***We also pray for our parish that we may continue as a community of faith.***

[***Anglican Cycle of Prayer (February 18-24, 2024)***](https://anglicancommunion.org/media/422641/acp_from-aba-to-zululand-2021-to-2023_web.pdf)

**Sun** Province of the Episcopal Church of Sudan

**Mon** The Diocese of Western North Carolina – The Episcopal Church

**Tues** The Diocese of Cashel, Ferns and Ossory – The Church of Ireland

**Wed** The Diocese of Chandigarh – The Church of North India (United)

**Thu** The Diocese of Chelmsford – The Church of England

**Fri** The Diocese of Chester – The Church of England

**Sat** The Diocese of Chhattisgarh – The Church of North India (United)

***[Diocesan Cycle of Prayer](https://static1.squarespace.com/static/53339102e4b00c509597c34c/t/6001f5b4514b6c73056efd5b/1610741172969/Prayer+Roster+2021.pdf)***

**Sun** St George, Granby

**Mon** St Paul, Abbotsford

**Tues** Assisting Clergy in Deanery of the Laurentians

**Wed** St Paul, Dunany Christ Church, Mille Isles

**Thu** Holy Trinity, Lakefield St Aidan, Louisa

**Fri** St John the Baptist in the Wilderness, Kilkenny The Rev Rodney Clark

**Sat** St Francis of the Birds, St Sauveur The Rev. Prof. Patricia Kirkpatrick

**For those in special need:** Mildred Fletcher, Patricia Cerundolo, Loretta, Marleny Loaiza, Lois Bydwell, Maureen Callum, Anya Nonneman, Cynthia Wiltshire

**For continuing support:**Jim Best, Fr Richard Cawley, Garrfield, Tony Whitehead, Juanita Docherty-McFarlane, Ian MacLean, Vessella, Glenn Cartwright, Geraldine Doran, Desmond Murphy, Tom Byford, Frances Kemp, Sandra Guillaume, RoseMary, Louise Driver, BB Gaylord, Hannah Brockow, Anny Guillemette, Tania, Katherine B, Scott Wood, Connie Dennis

***Commemorations (Feb. 18-24)***

**Sun** Dorothy Bradley, Margaret Spence James, Sarah Magill, Sarah Lewis, Arthur Robson,

Agnes McCallough, Phyllis Sise, Phyllis Ernestine Woof, Gordon Kelly, Percy Bromstow,

Ellen Hayman Spencer, Fern Culver

**Mon**  Oliver Kenneth Hanna, William Wilkinson, William James Mercer, Stewart Hedley Good, **Irving Racey**

**Tues** Letitia Brisette, Edward Horsnell, Edith McHardy, Kenneth Sargeant, George Dugan, James Lennox Dugan. Mary June Wilson Foote

**Wed**  Phoebe Rogers, Emily Saunders Carroll, Mary Earby, Mary Crane, George Miesseau

**Thur** Freda Clayton, Isabel Williams, Ernest Munro, Lena May Osborne, Iona Mary Birchmore

**Fri** Henry Evans, Willian Henry Echhardt, Mary Taylor, Frank Bovington, Kathleen Toppin, Emma Lawlor

**Sat** Thomas Light, Alice Brown, Walter Rymarz

**THE CHURCH OF** **ST. JOHN THE EVANGELIST**

**At the cutting edge of Tradition & a resource for the wider Church**

Founded in 1861, St. John’s is a distinct and loving community in the heart of Montreal, centered around the Anglo-Catholic Eucharistic tradition. We are committed to serving God in ‘the beauty of holiness’ through ritual, word, and music.

‘Openness to all’ is a fundamental characteristic of the parish. Such openness brings together people from a broad spectrum of origins, opinions, and life experiences, making the congregation diverse, interesting, and stimulating.

We hope that your experience in our church brings you peace and joy.

**GIVING**

**Thank you** to all those who are giving so generously to St John’s in these difficult times. Your ongoing support is much appreciated. The re-occurring running costs of St. John’s are about **$850 per day** on an annual Budget of about $300,000.

**You can give by**

a) Weekly Offering Envelopes,

b) PAR (Pre-authorized Remittance)

c) Canada Helps on our website [**www.redroof.ca**](http://www.redroof.ca)

d)  **E transfers. The Parish is now set up to accept E transfers for donations. Follow your banking institutions instructions and go to** [**office@redroof.ca**](mailto:office@redroof.ca)**.**

**Please also leave your e-mail and address if you wish to have a tax receipt and are not already on our mailing list.**

**PROMENADE DES ARTISTES**

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**THE REV’D CANON KEITH A. SCHMIDT, RECTOR**

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**Assistant Curate:** The Rev’d Susan Searle - [inguz@sympatico.ca –](mailto:inguz@sympatico.ca%20-) 438-823-2106.

**Honorary Associate**: Captain the Rev’d Alain Brosseau

**Assistant Priest Emeritus**: The Rev’d Canon Dr. J. Simons

**Director of Music:**Dr Federico Andreoni

**Wardens:** Geoffrey Little (geoffrey.r.little@gmail.com) & Afra Tucker([afra.tucker@gmail.com](mailto:afra.tucker@gmail.com))